

The second round of the Eastern Young athletes league took place at a very wet Woodside Stadium in Watford on 12<sup>th</sup> June. The performance shown by the Harriers was extremely impressive in view of the weather and the increasing discomfort of the damp conditions as the day wore on. In fact it was a tribute to the Ipswich team as we took more athletes than the home team whose athletes stayed away because of the rain. In fact the rain caused all sorts of problems for the officials as their record sheets became wet and blurred. The match result was a very close second for Harriers behind Havering:

Havering and Mayersbrook	538
Ipswich Harriers	529
Dacorum and Tring	449
Watford	299
Harlow	67

The highlight of the U13 girls display was the hurdles double win for Lauren Grubb and Miri Budd. Both recorded good times, 13.2 and 13.1 respectively and then Grubb came 2<sup>nd</sup> in her 200 and 3<sup>rd</sup> in the High Jump with 1.35. Lermae Young finished 2<sup>nd</sup> in her 100 and 200m before getting pb of 3.91 in the Long Jump. Chloe Godbold came 2<sup>nd</sup> in the 100 and long jump before all 4 joined together to win the 4x100 relay in 59.4.

Again the U13 boys not only had a full relay team but all competed in 3 events each so that they won their section, which is the first time they have managed that on an away meeting. Benson Craven won the 100m in a pb of 13.1 and the Long Jump before coming 2<sup>nd</sup> in the 200m. His sprint partner, Jamie Crocker managed 2<sup>nd</sup> in the 100m, won his 200m with 29.6 and still managed to come 2<sup>nd</sup> in the B High Jump despite its clash with the 200m. Chris Jones improved on his High Jump to win with 1.35, came 2<sup>nd</sup> in the 800 with 2.34 and 3<sup>rd</sup> in the hurdles. Max Hudson made his debut winning the shot with 8.38 and came 2<sup>nd</sup> in the discus. Josh Richards recorded a pb in the discus with 13.28, won the B shot and then helped the relay team to 2<sup>nd</sup> place.

Mollie Frost came 2<sup>nd</sup> in her 100 and 200m to a very good athlete from Havering while Mone Betterton won both the B races. Carly Goode equalled her Pb in finishing 3<sup>rd</sup> in the 300 while Sophie Godbold came 2<sup>nd</sup> in the B race. Rachel Ryan came 2<sup>nd</sup> in the A 800 with Lauren Ramsey also 2<sup>nd</sup> in the B race. A double victory came in the 1500 for Charlotte Wickens and Katie Peake. Sarah Prescott-Smith won the Long and high jumps and then came 3<sup>rd</sup> in the hurdles. The throws were dominated by Helena Coe and Ellie Bloomfield. Coe won the shot with 9.21 and came 2<sup>nd</sup> in the discus with 23.49. Bloomfield won the hammer with 29.72.

The U15 boys had a depleted team but still put in some great performances. The outstanding contribution came from Liam Manser, winning his 100m in 12.1, the 200m in 24.4 and Long Jump with a distance of 5.23. George Johnson came 2<sup>nd</sup> in the 100m with 12.1 and then threw an amazing 9.38 in the shot to finish 2<sup>nd</sup>. Richard Ling ran an exhilarating 1500m in a pb of 4.56 highlighted by an exceptionally strong finish which bodes well for the future. Kasey Hagan came 1<sup>st</sup> in the High and 2<sup>nd</sup> in the Long Jump.

The U17 women were invincible in their group despite the fact they had no hurdlers. Lucy Barnes won the 800 and 1500 before improving her discus throw in coming 2<sup>nd</sup>. Her 1500 was won in a pb of 5.01. Emily Robinson won the B 800 while her sister Alice won the B discus and came 2<sup>nd</sup> in the Javelin. Amber Bramble-Deering cleared 1.40 in the High jump with Charlotte Shelley winning the B event. Shelley also won the Long and Triple Jump with Beth Clarke and Jessica Crissell winning the respective B Jumps. The sprint team of Enya Moore, Emily Lambert and Keeley Whitlock made a clean sweep of the 100m, 200m and 300m before combining with Crissell to win the relay.

The U17 mens team won their section easily despite being short in numbers. Toby Upson ran well in the 400, 800 and 1500 to earn good points with clubmate Ben Fawcett winning the hurdles and Triple Jump and 3<sup>rd</sup> in the 400m. Finlay Hudson came 2<sup>nd</sup> in the Long Jump with 5.02 before winning the Javelin with a throw close to his pb. Jason Duah came 3<sup>rd</sup> in the B 100 and 200 with Tom Powell winning the A sprints and also came 3<sup>rd</sup> in the High Jump. Theo Moore winning the Hammer and finishing 2<sup>nd</sup> in the discus was the pick of the throwers.