

The 5<sup>th</sup> and final round of the Suffolk winter League took place at Sutton Village near Woodbridge for the re-arranged fixture cancelled in December. Harriers arrived with a strong junior team which proved to be crucial in the final league team positions.

In the U13 girls competition, Olivia Mair finished 3<sup>rd</sup> just in front of Chloe Godbold who was 4<sup>th</sup>. This enabled Mair to leapfrog Godbold in the final individual table to finish 4<sup>th</sup>. Lauren Ramsey had a great run and looked very comfortable as the leading U15 Harrier in coming 5<sup>th</sup>. Ramsey has gradually improved her performances throughout the winter season to finish in 6<sup>th</sup> place overall. Katie Peake had a problem with her leg and finished 8<sup>th</sup> on the day but kept 4<sup>th</sup> place in the league. Lucy Barnes was beaten into 2<sup>nd</sup> place by Jasmine Seller but still managed to win the U17 title.

In the U13 boys race, Theo Passmore recorded his first victory of the season to obtain 3<sup>rd</sup> place overall. His teammate Henry Mildown finished 4<sup>th</sup> on the day but had not completed enough races to qualify for the league. Richard Ling was close behind in 6<sup>th</sup> with Chris Jones followed him home in 7<sup>th</sup>. Ling and Jones came 6<sup>th</sup> and 7<sup>th</sup> in the final standings in their first season. All 4 U13 boys ran better as the season progressed and provided valuable racing experience for the forthcoming track season. Another improved showing from James Bemrose resulted in 6<sup>th</sup> place with Aiden Kitchen not far behind in 9<sup>th</sup>. They finished 5<sup>th</sup> and 7<sup>th</sup> respectively in the league table. Finally Andy Revell won his 4<sup>th</sup> outing of the season to finish comfortably clear in first place in the league.

As they went into the race, the boys team position was very tight between ourselves and Pacers with just five points keeping us in 2<sup>nd</sup>, however, they overturned the deficit on the day to lift the boys title by one point. The girls finished 2<sup>nd</sup> to another very good St Edmunds Pacers team.

The senior section was again a triumph for the harriers taking part. Ross Fawcett again won this race with Tim Byford 2<sup>nd</sup> which is the position they finished overall. Ollie Minns came 3<sup>rd</sup> overall after getting 4<sup>th</sup> place on the day. Emma Burroughs won the junior girls race and the league title and was the only female running for Harriers that day unless you count coach Annabel Bennett who runs for Felixstowe. In the senior mens it was a case of 1<sup>st</sup> and 2<sup>nd</sup> in the race and in the league for Tom Tica and Simon Gardiner who ran brilliantly all season. Lee Bowker was the only other senior male runner from Harriers to get into the league standings finishing 19<sup>th</sup>. Finally Tony Fuller managed 14<sup>th</sup> place on the day and 12<sup>th</sup> overall in the over 55 category, a great achievement.