



# NEWMARKET 10K

(Under UK:A Rules)

(Permit No: *Applied for*)

## SUNDAY 5<sup>th</sup> JULY 2009 at 11am

START & FINISH: Ellesmere Centre, Stetchworth Village, Near Newmarket CB8 9TS

### Children's Fun Run: 10am (entries on day)

Prizes: 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> Male and Female Open  
Male and Female 1<sup>st</sup> prizes for V40, V45, V50, V55 and V60+  
Teams: Men's and Ladies - 3 to score  
First under 21 - Sean Harper Junior Cup  
Only one prize per runner will be awarded

**Affiliated Club Runners: £8.00, Non-affiliated runners: £10.00, Entries on the day + £2**  
Male and female showering and changing facilities, car parking, refreshments and hall available

**Entries with SAE (DL 220mm x 110mm min & correct postage) to:**

**Jennie Grimwood, 80 Drinkwater Close, Newmarket, Suffolk, CB8 0QW**

**Deadline for postal entries: Monday 29<sup>th</sup> June 2009**

Please note that incorrect postage on SAE envelopes will result in entries having to be picked up on the day

**Enquiries:** Carolynn 01638 731160 / 0784 332 8889 or [lalaanderson@btinternet.com](mailto:lalaanderson@btinternet.com)

Please enter me for the Newmarket 10k for which I enclose a cheque for £\_\_\_\_\_ (payable to **Newmarket Joggers**)

First Name:		Surname:			
Address:					
				Postcode:	
Email:					
Telephone Day:			Evening:		
Affiliated Club:					
Date of Birth:		Age on 05.07.09:		Male/Female:	

I declare that I am medically fit to take part in this event and understand that I enter at my own risk and that the organisers shall not be held responsible for any injury loss damage or action claim as a consequence of my participation in this event. I am an amateur as defined by UK athletics and agree to bound by their rules. I will comply with all instructions given by the race marshals and police. A signed entry form is considered acceptance of the above declaration.

Signed:

Date: